

Welcome to Our Community

The City of Issaquah invites you to walk in its 170 acres of developed and undeveloped parks and over 1,100 acres of open space. This map, provided to you by the City of Issaquah in cooperation with Public Health-Seattle & King County, is to remind you that physical activity is one of the best ways to prevent disease, and walking is one of the easiest ways to get started.

Many of these trails connect to more difficult routes in the surrounding trail systems located within the Grand Ridge, Tiger Squak and Cougar Mountains referred to by the locals as the Issaquah Alps. The paths depicted on this map are low in difficulty. Not all are ADA accessible. Walkers assume the risk for their own safety when walking on the routes indicated on this map

It is our hope that this map of neighborhood parks and walking routes will inspire you and give you new ideas of places to walk. There are many things to see and do within Issaquah. They re only a walk or bike ride away!

Ava Frisinger, Mayor
Issaquah, Washington

Dr. Alonzo Plough, Director and Health Officer
Public Health-Seattle & King County

Edible Landscape

Take a walk down Gilman Boulevard and enjoy the beautiful landscape, and edible landscape. The Parks and Recreation Department maintains the landscape along the boulevard that has 25 varieties of edible plants. You will find trees and shrubs on both sides of the sidewalk, that in different seasons bear a variety of produce, from apples to nuts. Inside this map you will see the major groupings listed. Enjoy this landscaped walkway which begins at the Issaquah Visitor Information Center. It takes about an hour to walk up one side of Gilman Boulevard and back , but you don’t have to do it all at once. You can walk half and take a bus back. There are plenty of benches and picnic tables along the way to stop and rest . Feel free to help yourself to the fruit and nuts, after all, it’s good for you. Public Health recommends eating a total of five fruits and vegetables a day to stay healthy and protected from disease. For more information on eating healthy visit the Public Health website at www.metrokc.gov/health/.



Parks

Facilities

Gibson Park 105 Newport Way										
Hillside Park 300 Mt McKinley Drive										
Depot Park 2 East Sunset Way										
Centennial Park 385 Front St. N. & 440 Rainier Ave. N										
Mine Hill Park Wildwood Blvd. SW										
Memorial Park 115 2nd Ave NE										
Tibbetts Valley Park 965 12th Ave. NW										
Gilman Blvd. Parkway along Gilman Blvd (Edible Landscape)										
Rainier Multiple Use Trail Rainier BoulevardParkway										
Issaquah Community Center 301 Rainier Blvd. S										
Julius Boehm Pool 50 SE Clark										
Emily Darst Park East bank of Issaquah Creek, North of I-90										
Pickering Farm and Trail 1730 10th Avenue NW										
Newport Way Trail Along Newport Way										
Maple/Juniper Streets Trail Along Maple & Juniper Streets										
Sammamish Trail										



Parks & Facilities Legend

Indoor Facility	Wetlands	Basketball Courts
Picnic Tables	Baseball Fields	Open Play Field
Walking Trails/Paths	Tennis Courts	Playground
Restrooms	Swimming	

Issaquah Walks

Parks, Open Spaces & Walking Map

